

Quickcare HOSPITALS

DENTISTRY SERVICES

-
- GENERAL DENTISTRY
 - INVISALIGN
 - SPECIALISED DENTISTRY
-

At Quickcare Hospital in Lagos , we focus on creating a relaxing, calming environment, regardless of what dental treatment you're booked in for. In our dentistry clinic, you're always assured a warm welcome, plus support and advice throughout your treatment. It's our job to ensure that your smile always looks its brightest.

TREATMENTS AVAILABLE

In our dental department, we can help with the following issues:

- *Misaligned / crooked teeth.* Are you concerned about the appearance of your teeth? If you feel that your smile is slightly crooked, our orthodontic treatments can help. We use cutting-edge technologies, such as clear / Inman aligners, to improve the cosmetic appearance of your teeth; and if further work is required, we can recommend you to a specialist orthodontist.
- *Discoloured teeth.* Over time, teeth can become discoloured, particularly through the consumption of drinks like tea and coffee, or through smoking. We offer a range of teeth-whitening treatments and ceramic and composite veneers to improve the colour of your teeth.
- *Missing teeth.* A gap in your smile can knock your confidence. We fill the gaps using dental crowns.
- *Wisdom tooth problems.*
- *Preventing injury.* Dentists often see sports-related injuries, where the tooth has become damaged or broken as a result of impact during the game. Our dentists can supply you with a mouth guard and can resolve any problems associated with injury.

OTHER ISSUES

In addition, our dental team also treat the following conditions:

- Sleep apnoea
- TMJ (temporomandibular jaw disorder)
- Paediatric oral health – children of all ages

EXPERT CARE

At Quickcare Hospital , we take pride in our high standards, and offer an exemplary service from initial consultation to final treatment. We're always on hand to answer your questions, and to offer support and guidance even after your treatment is complete. If you'd like to make an appointment or want to find out more about our services, simply use the appointment button below.

Book an Appointment

GENERAL DENTISTRY

Dental Examination

The secret to a bright, healthy smile is actually no secret at all: brush, floss and get a professional dental exam at least once every six months. Professional dental exams are all about prevention – preventing existing problems from getting worse and preventing dental problems from developing in the future. Regular dental exams make it possible to identify and treat a problem in its earliest stage – which is not only good for your oral health but also good for your budget! There's nothing to fear with a dental exam. Your teeth will be visually examined for signs of plaque, tartar and tooth decay. Your gums will also be examined for puffiness or discoloration, which are signs of gum disease. A full set of dental X-rays may also be taken during your dental exam, to enable your dentist to see below the surfaces of your teeth. Dental exams typically end with a dental cleaning, to remove surface stains and build-up.

Teeth Cleaning

A professional teeth cleaning is the single most effective way to remove deposits and prevent them from causing more serious problems in the future. While a traditional teeth cleaning involves manually scraping away these deposits with special dental tools, advances in dental technologies now give you more options for teeth cleanings.

Ultrasonic cleaning utilizes a special scaler to remove deposits. Some patients find ultrasonic cleanings more comfortable and quicker

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A deep cleaning may be recommended if excessive plaque and tartar deposits have developed below the gum line. Deep cleanings, also known as scaling and root planing, involve a two-part process: first, the stubborn deposits are removed, and then the root surfaces are smoothed. A deep cleaning helps prevent periodontal disease and restores gum tissues to a healthy state.

White Fillings

If your silver fillings make you feel self-conscious when you smile, or it's simply time to replace them, consider white fillings. White fillings are just as durable as they are attractive! Made of composite resin, white fillings match the natural colour of your teeth and are an excellent option for small to mid-sized cavities. White fillings are strong, stain-resistant and require less removal of your tooth structure than amalgam fillings.

Crowns and Bridges

Dental crowns and bridges have been used for centuries to replace missing tooth structure or teeth. Today, dental bridges are still considered one of the most durable, conservative and cost-effective options for bridging the gap between a missing tooth and surrounding teeth.

We only use all ceramic restoration-metal-free- zirconia or empress.

Dental crowns and bridges typically take 1-2 weeks to complete, and with good oral hygiene and regular dental visits, dental bridges can last a long time.

Dentures

As another choice to teeth replacement, Using dentures to replace missing teeth is not only great for your oral health; it's a great way to look and feel younger! Today, there are a variety of natural-looking and comfortable dentures for patients who need to replace missing teeth. Made of a gum-colored plastic resin or acrylic base and either resin or porcelain replacement teeth, dentures are custom designed to fit your mouth. If you have several teeth or all teeth missing on the upper or lower jaw, full dentures may be your best option. Partial dentures, which can be either fixed or removable, are great for patients who have several missing teeth scattered along the upper or lower jaw.

Gum Disease treatments

Red, swollen gums are a red flag for one thing: gum disease. If you have the symptoms, you're not alone. More than 80% of adults have some form of gum disease. Fortunately, there are many effective and pain-free gum disease treatments. For gingivitis, the mildest form of gum disease, treatment typically involves a thorough dental cleaning, followed by daily brushing and flossing. Advanced gum disease, also known as periodontal disease, requires scaling and root planing to remove stubborn deposits below the gum line. If non-surgical methods of gum disease treatment are ineffective, a gingivectomy, or periodontal surgery, may be necessary.

Root Canal Treatments

Root canals are needed when either decay or an injury infects the inner tooth (the pulp). In the earliest stages of infection, you may not feel any pain at all. But when it progresses, you could have a toothache and swelling, or a dental abscess might form. Root canals remove the infection and prevent it from spreading. Thanks to rotary endodontics, the process is faster and more comfortable.

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INVISALIGN

What is Invisalign?

Invisalign is widely considered to be the world's most advanced clear aligner system. Using its unique ClinCheck 3D planning software and patented SmartTrack material aligners, it offers a great alternative in achieving the smile transformation you've always wanted.

Advantages of Invisalign:

1. Virtually invisible
2. A clear alternative to metal and conventional braces
3. Fast results – visible changes in as little as 4 weeks
4. Comfortable – only gentle forces are present, so the discomfort is minimal throughout
5. Removable – you can continue enjoying your favorite foods and drinks
6. Predictable – the ClinCheck 3D software allows you to accurately see your result before you even start treatment
7. Proven results

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What is the treatment journey?

Step 1: A consultation with our aesthetic dentist to establish what you would like to change about your smile

Step 2: A quick scan of your teeth in their current position. Within minutes, you can see a 3D digital image of your teeth in their new position

Step 3: Once your digital plan is finalised, your custom fit aligners are created using 3D printing and Invisalign's patented SmartTrack material

Step 4: You start wearing your aligners every day. You will see the aesthetic dentist every 6 weeks for a review

Step 5: At the end of your treatment, we provide retainers to ensure your smile remains perfect for years to come

What can Invisalign treat?

1. Gaps between teeth
2. Crowded or overlapping teeth
3. Teeth which stick out
4. Rotated or tilted teeth
5. Irregular bites
6. Deep bites

Is Invisalign painful?

Not at all! The teeth are able to move as the aligner's direct gentle forces onto them. The teeth can feel slightly tender at the start of treatment, but research and studies show that Invisalign is significantly more comfortable than any of the available alternatives.

How long does Invisalign take?

Treatment lengths can vary, but your doctor will be able to provide an estimate for your length of treatment during your consultation. Research and studies show that Invisalign is approximately 50% faster at moving teeth to their desired position, due to the innovative SmartTrack aligner material.

Do you offer payment plans?

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Yes, we do! In order to make the cost of your Invisalign plan easier to manage, we are happy to offer payment plans which can be discussed with you during your consultation.

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SPECIALISED DENTISTRY

Paediatric Dentistry

Our practice is focused on treating the whole family. A large percentage of our patients is comprised of kids of all ages and most of them love to come in and see us. In certain cases, some kids have to be referred to a Pediatric dentists who are specially trained to treat the oral health needs of children, especially difficult cases.

Orthodontics

Using several recent technologies, such as clear aligners and Inman aligners, our dentist is able to perform minor tooth movements, with minimal discomfort and no damage to tooth structure. For more advanced cases, patients are referred to an orthodontists for management.

Oral Surgery

Oral surgery is an umbrella term for surgical treatments such as dental implants, wisdom teeth extractions and bone grafting. Dental implants, an excellent solution for missing teeth, are surgically placed tooth roots that hold dental crowns in place. A wisdom tooth extraction may be recommended if there isn't enough room in your mouth to accommodate wisdom teeth and they become impacted, partially erupted or infected. Bone grafting transfers bone from one part of the jaw to another, usually to accommodate a dental implant.

Cosmetic Dentistry

Under the care of our cosmetic dentist, we offer services such as cosmetic bonding, ceramic veneers, smile makeovers and tooth whitening, using the latest dental materials, equipment and techniques.

TMJ treatment

If you've been living with persistent jaw pain, ear pain and headaches, you could have TMJ – temporomandibular jaw disorder. TMJ can often be traced back to an improper bite, misaligned jaw joints, or an injury to the jaw or face. TMJ treatment from a dentist can relieve the discomfort. Although TMJ treatment varies from patient to patient, it typically involves one or several procedures, including the use of an orthotic splint, enamel reshaping, dental crowns, dental braces or night guards. The goal of TMJ treatment is to stabilize your bite so that your teeth, jaw muscles and jaw joints work properly together without strain – and without pain!

Sports Dentistry

Whether for exercise, competition or the simple enjoyment of recreational activity, increasing numbers of health conscious individuals are involved in sporting activities.

Our Sports Dentist deals with the prevention and treatment of dental injuries and related oral diseases associated with sport and exercise.

Please visit our dental team, to get more information.

Sleep Apnea Management

During sleep, when throat and tongue muscles are more relaxed, this soft tissue can cause the airway to become blocked.

Signs you have sleep apnea:

- a. Snoring.
- b. Frequent breaks or pauses in breathing.
- c. You're Tired all the Time.
- d. You frequently wake with headaches.
- e. You Have High Blood Pressure.

f. You are overweight or obese.

g. You are often irritable, depressed, or experience mood swings.

Fortunately, our dental specialist is equipped with the necessary technology and expertise to treat sleep apnea in several ways, in coordination with our ENT department.

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